

Diabetes in Louisiana:

- ▶ Diabetes is among the leading causes of death in Louisiana.
- ▶ An estimated one in eight Louisiana adults has been diagnosed with diabetes.
- ▶ The prevalence for diabetes steadily increased between 2000 and 2013, from 6.6 percent to 11.6 percent.
- ▶ Louisiana's diabetes mortality rate was the fifth-highest in the nation, with a rate of 27 diagnosed cases per 100,000 residents.
- ▶ In Louisiana, females, at a rate of 12.8 percent, are more likely than males, at a rate of 10.4 percent, to have been diagnosed with diabetes.
- ▶ In Louisiana, African Americans, at a rate of 15 percent, are 38 percent more likely to have diabetes than Caucasians, for whom the rate is only 10.9 percent.
- ▶ Individuals with lower incomes or education levels also reported higher prevalence rates of diabetes.
- ▶ Approximately 10 percent of Louisiana adults have self-reported as having prediabetes, but since the Centers for Disease Control and Prevention (CDC) estimates that 33 percent of U.S. adults have the condition, Louisiana's rate is likely significantly higher than the self-reported rate.
- ▶ All stated rates current as of 2013.

Diabetes Prevalence United States, BRFSS 2013

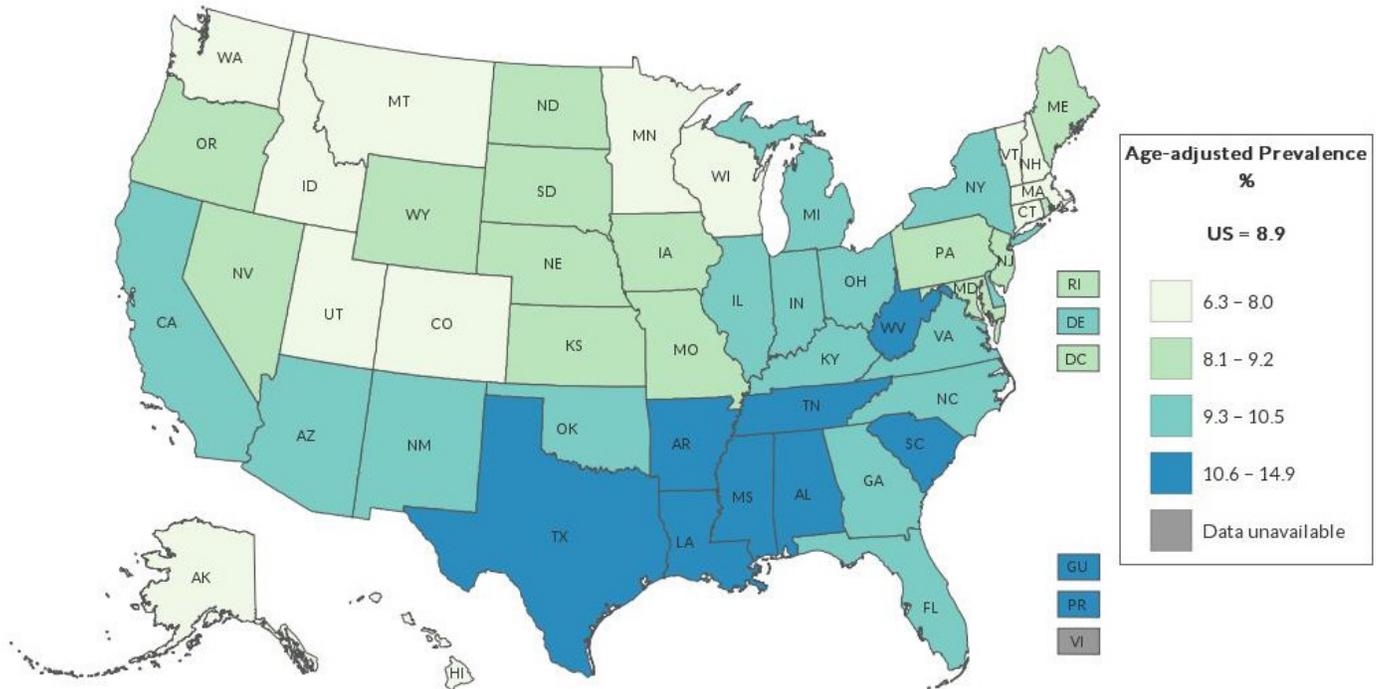
Estimated Diabetes Prevalence among Adults by Demographic			
Demographic	Diabetes, La. (%)	Diabetes, U.S. (%)	Pre-diabetes, La. (%)
Total	11.6	9.7	9.8
Gender			
Male	10.4	10.1	8.1
Female	12.8	9.7	11.3
Age			
18-24	NA	1.8	NA
25-34	NA	2.0	NA
35-44	6.2	5.0	8.9
45-54	11.7	9.6	12.2
55-64	20.7	15.8	13.8
65+ years	25.2	20.9	14.6
Ethnicity			
Caucasian	10.9	9.1	9.5
African American	15.0	13.9	10.8
Income			
<\$15,000	17.3	14.6	11.9
\$15,000-\$24,999	13.6	13.2	11.8
\$25,000-\$34,999	13.2	11.5	10.5
\$35,000-\$49,999	9.1	9.6	10.2
\$50,000+	7.5	6.8	8.2
Education			
<High School	20.2	14.4	11.3
High School	11.2	10.9	10.3
Post-High School	9.4	9.4	9.2
College Degree	7.5	6.5	8.4

Source: Behavioral Risk Factor Surveillance System (BRFSS) 2013

NA= Not available

Diabetes Prevalence United States, BRFSS 2013

Prevalence of diagnosed diabetes among adults aged ≥ 18 years – 2013
Sex: Both



Diabetes Age-Adjusted Mortality Rates, CDC 2009-2013

