Infectious Disease Epidemiology Section
Office of Public Health
Louisiana Dept. of Health
800-256-2748 (24 hr. number)
www.infectiousdisease.dhh.louisiana.gov

Instructions for Shipping Zika Samples on Pregnant Women

Serum: FREEZE samples

- Lab Form 96
- Please collect at least 2 mL of serum in a tiger top or gold (SST) tube and freeze the specimens.
- Whole blood will not be accepted for testing. Spin down the sample as usual.
- Specimens should be kept frozen.
- Each specimen should be labeled with:
    - Patient Name
    - DOB
    - Medical Record Number
    - Date/Time of Collection

Urine: FREEZE samples

- Lab Form 96
- Please collect 1 to 5 mL of urine.
- Specimens should be kept frozen.
- Each specimen should be labeled with:
    - Patient Name
    - DOB
    - Medical Record Number
    - Date/Time of Collection

*****SAMPLES SHOULD ALWAYS BE SHIPPED TOGETHER*****

The sample should be placed in an insulated container

- Same Day Shipping: Specimen can be shipped with frozen ice packs
- Next Day Shipping: Specimen MUST be shipped on dry ice

Ship to Attn: Virology Office of Public Health Laboratory
1209 Leesville Ave
Baton Rouge, LA 70802
(225) 219-5200