

Instructions for Shipping Zika Samples on Non-Pregnant Travelers

For RT-PCR

Serum: FREEZE samples

- [Lab Form 96](#)
- Please collect at least 2 mL of serum in a tiger top or gold (SST) tube and freeze the specimens.
- Whole blood will not be accepted for testing. Spin down the sample as usual.
- Specimen should be kept frozen.

Urine: FREEZE samples

- [Lab Form 96](#)
- Please collect 1 to 5 mL of urine.
- Specimen should be kept frozen.

Each specimen should be labeled with:

- Patient Name
- DOB
- Medical Record Number
- Date/Time of Collection

*****SAMPLES SHOULD ALWAYS BE SHIPPED TOGETHER*****

The sample should be placed in an insulated container

- Same Day Shipping: Specimen can be shipped with frozen ice packs
- Next Day Shipping: Specimen **MUST** be shipped on dry ice

For IgM

Serology: DO NOT FREEZE and ship with frozen ice packs

- [Lab Form 96](#)
- Please collect at least 2 mL of serum in a tiger top or gold (SST) tube
- Whole blood will not be accepted for serology testing. Spin down the sample as usual.
- Specimen should be kept cold and refrigerated. The sample should be placed in an insulated container with blue ice packs
- Each specimen should be labeled with:
 - Patient Name
 - DOB
 - Medical Record Number
 - Date/Time of Collection

Ship to Attn: Virology Office of Public Health Laboratory
1209 Leesville Ave
Baton Rouge, LA 70802
(225) 219-5200